

Welcome to...

# ISLAMABAD'S

Mr Riaz and his family have been successfully running this business since 1989.

Here at Islamabad's we only use fresh ingredients and all our food is free from artificial colours, flavours and preservatives.

Our new concept is healthy food.

We have a wide variety of grilled food, salads and traditional home cooked dishes.

We hope you enjoy the Islamabad experience.

Thank You

Mr Riaz

Simple Food...

...Beautifully Cooked

## ISLAMABAD'S Food On The Go

### Burgers

- Quarter Pounder Chicken Breast with Fries... 3.30  
100% chicken breast, 100% home-made
- Quarter Pounder Beef with Fries... 3.30  
100% Beef, 100% home-made
- Islamabad's Beef Steak Special with Fries... 3.30  
Strips of beef cooked with onions, red & green peppers



### Wraps

- Chicken Nan Wrap... 4.00
- Seekh Nan Wrap... 4.00  
Served with fries & drink
- Steak Nan Wrap... 4.00



### Sundries

- Lamb Kebabs... 3.00
- Chicken Nuggets... 3.30  
100% Chicken breast, 100% home-made, served with fries
- Cheesy Fries... 1.80
- Onion Rings... 1.80
- Chicken Kebabs... 3.00
- Chicken & Lamb Nan... 5.00



## Appetisers & Flame Grill

### Traditional Appetisers

- Samosa (2) Meat or Veg 2.00
- Crispy Rolls (2) ... 2.00  
Meat or Veg
- Chicken Pakora... 2.50
- Onion Bhaji... 2.00
- Mushroom Pakora... 2.00
- Vegetable Pakora... 2.00
- Mix Starter... 4.00  
1 item from each of the above



### Sizzling Flame Grill

- Seekh Kebab... 2.00  
Lamb or chicken
- Lamb Chops... 3.50
- Lamb Ribs... 3.50
- Lamb Tikka... 3.50
- Chicken Tikka... 3.00
- Chicken Wings... 2.50
- Grilled Fish... 3.50
- King Prawns... 5.00
- Special Mix Grill... 8.00  
1 item from each of the above



### Steamed Charcoal Chicken

- Half Charcoal Chicken... 4.00
- Full Charcoal Chicken... 7.00
- Half Chicken Platter 5.00  
With fries, coleslaw & drink
- Full Chicken Platter 9.00  
With fries, coleslaw & drink



All our grilled food is brushed with olive oil

## Main Dishes

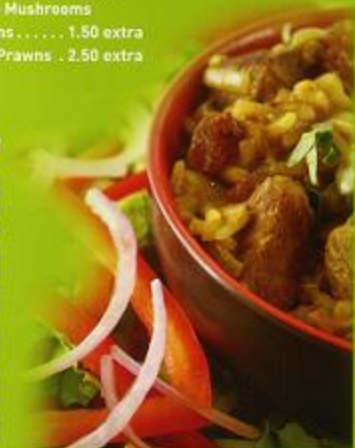
### Traditional

- Chicken / Lamb Karahi  
on bone... Series 1 6.00  
on bone... Series 2 9.00
- Chicken Tikka... 5.50
- Karahi... 5.50
- Balti... 5.50
- Tikka Masala... 5.50
- Jalfrezi... 5.50
- Achari... 5.50
- Masala... 5.50
- Phardasi... 5.50
- Makhan... 5.50
- Biryani... 5.50
- Peshwari Korma... 5.50
- Islamabad's House Special... 5.50  
Available in:
- Chicken / Lamb / Keema / Seasonal Vegetables / Fresh Mushrooms  
Prawns... 1.50 extra  
King Prawns... 2.50 extra

### Old Favourites

- Choose from:
- Rogan Josh... 4.50
- Dopiaza... 4.50
- Dansak... 4.50
- Madras... 4.50
- Bhuna... 4.50
- Curry... 4.50
- Korma... 4.50
- Vindaloo... 4.50
- Available in:
- Chicken / Lamb / Keema / Seasonal Vegetables / Fresh Mushrooms  
Prawns... 1.50 extra  
King Prawns... 2.50 extra

ISLAMABAD'S



## Vegetarian & Side Orders



### Vegetarian Dishes

- Bombay Aloo
- Channa
- Tarka Daal
- Fresh Vegetables
- Bindi
- Mushroom
- Spinach
- Paneer
- Available as:
- Side Dish... 3.50
- Main Dish... 4.50



### Dips

- Mint... 0.30
- Chilli Tomato... 0.30
- Chilli... 0.30
- Sweet Chilli... 0.30
- Mayo... 0.30
- Garlic Mayo... 0.30
- Tomato Ketchup... 0.30

- ### Side Orders
- Tandoori Nan... 1.30
  - Tandoori Garlic Nan... 1.60
  - Tandoori Peshwari
  - Nan... 1.80
  - Tandoori Keema
  - Nan... 1.80
  - Tandoori Cheese & Onion Nan... 1.80
  - Tandoori Roti... 0.50
  - Chapati... 0.30
  - Paratha... 1.50
  - Keema Paratha... 2.00
  - Aloo Paratha... 2.00
  - Plain Rice... 1.30
  - Pilau Rice... 1.50
  - Fried Rice... 2.00
  - Popadom... 0.30
  - Fries... 1.30



### Pickles

- Mango... 0.50
- Lime... 0.50
- Red Onion... 0.50
- Pickle Tray... 2.50  
with 4 popadoms



## Desserts & Drinks

### Salads

- Green Leaf Salad... 1.30
- Islamabad's House Special... 2.00
- Islamabad's Classic Chicken Salad... 3.00



### Desserts Bar

- Fresh Fruit Salad... 2.30
- Falooda... 2.50
- Rasmalai... 2.20
- Keer... 1.80

### Refreshments

- Rubicon Cans 330ml... 0.80
- Cans 330ml... 0.70
- Bottles 500ml... 1.10
- J20... 1.20
- Juice... 0.90
- Lassi... Glass 1.40  
... Jug 4.00  
Strawberry or mango

### Ice Cream Bar

- Vanilla / Choc Chip / Mint / Mango / Strawberry / Pistachio / Chocolate

- Cone / Tub / Per Scoop 0.90
- Ice Cream Delights... 3 Scoops 2.50

### Cakes

- Chocolate Fudge Cake... 2.40  
Comes with cream or ice cream
- Strawberry Cheesecake 2.40  
Fruity & delicious, served with ice cream, cream & strawberry sauce
- Classic Carrot Cake 2.40  
Served with cream or ice cream



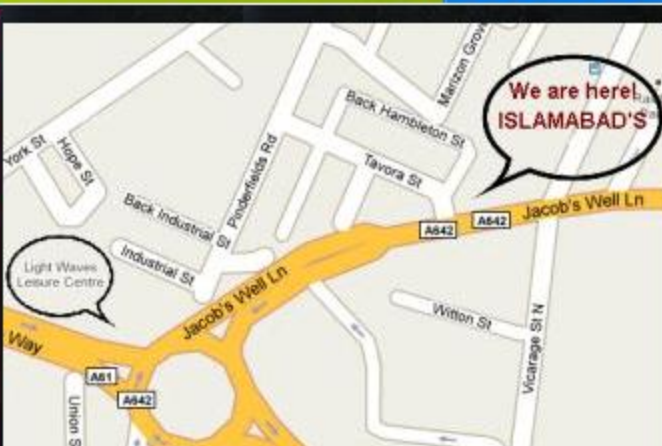
### Milkshakes

- Creamy & smooth £2.50
- Choice of:
- Vanilla, Choc Chip, Mint, Strawberry, Pistachio, Chocolate & Mango



### Kiddies Corner

- With fries, juice & ice cream
- Fish Fingers... 2.50
- Chicken Nuggets... 2.50
- Mixed Fruit Salad... 2.50



250 YARDS FROM LIGHTWAVE'S OPPOSITE MARSH WAY DEVELOPMENT

Outside catering available for weddings, Birthdays etc

